

Record of Drainage

Drain #1	Drain #2	Drain #1	Drain #2
Date _____	Date: _____	Date _____	Date _____
Morning _____	Morning _____	Morning _____	Morning _____
Mid Day _____	Mid Day _____	Mid Day _____	Mid Day _____
Evening _____	Evening _____	Evening _____	Evening _____
Total _____	Total _____	Total _____	Total _____
Date _____	Date: _____	Date _____	Date _____
Morning _____	Morning _____	Morning _____	Morning _____
Mid Day _____	Mid Day _____	Mid Day _____	Mid Day _____
Evening _____	Evening _____	Evening _____	Evening _____
Total _____	Total _____	Total _____	Total _____
Date _____	Date: _____	Date _____	Date _____
Morning _____	Morning _____	Morning _____	Morning _____
Mid Day _____	Mid Day _____	Mid Day _____	Mid Day _____
Evening _____	Evening _____	Evening _____	Evening _____
Total _____	Total _____	Total _____	Total _____
Date _____	Date: _____	Date _____	Date _____
Morning _____	Morning _____	Morning _____	Morning _____
Mid Day _____	Mid Day _____	Mid Day _____	Mid Day _____
Evening _____	Evening _____	Evening _____	Evening _____
Total _____	Total _____	Total _____	Total _____
Date _____	Date: _____	Date _____	Date _____
Morning _____	Morning _____	Morning _____	Morning _____
Mid Day _____	Mid Day _____	Mid Day _____	Mid Day _____
Evening _____	Evening _____	Evening _____	Evening _____
Total _____	Total _____	Total _____	Total _____
Date _____	Date: _____	Date _____	Date _____
Morning _____	Morning _____	Morning _____	Morning _____
Mid Day _____	Mid Day _____	Mid Day _____	Mid Day _____
Evening _____	Evening _____	Evening _____	Evening _____
Total _____	Total _____	Total _____	Total _____
Date _____	Date: _____	Date _____	Date _____
Morning _____	Morning _____	Morning _____	Morning _____
Mid Day _____	Mid Day _____	Mid Day _____	Mid Day _____
Evening _____	Evening _____	Evening _____	Evening _____
Total _____	Total _____	Total _____	Total _____

*Please total after each day and bring the paper to doctor's appointment post-op.
If you have any questions about these instructions after you are at home, call
the office at 937-886-2980.*

How to Care for Your Jackson-Pratt Drain

Caring for your drain is simple. To prevent body fluid from collecting near the surgical site, the drain pulls this fluid (by suction) into the bulb. The bulb should be emptied at least every 8 hours and when it is half full. The amount of drainage may vary depending on movement and activity. If you have more than one drain, mark each drain with number or label (1, 2 or right, left, etc.) and record output amounts from each drain separately. As the wound heals, drainage fluid can change color from light pink, to light yellow, or light brown to clear, and becomes increasingly less in volume.

How to empty the drain: (This is to be completed 3 times a day, during the day)

- 1) Wash hands well with soap and water.
- 2) With a disposable cup nearby, remove plug from the pouring spout and allow bulb to fill with air.
- 3) Make note of volume of drainage output in bulb using the calibrations on the side of the bulb. If amount is between lines, estimate. Record drainage output volume, date, time emptied on drain record sheet. If you have multiple drains, be sure the record coordinates with the drain emptied.
- 4) Turn bulb upside down over disposable cup, empty contents by gently squeezing bulb. There may be small amounts of residual fluid/clots, this is acceptable.
- 5) Once bulb is empty, squeeze the bulb with your hand until bulb is flat, replace plug securely into port. The bulb should remain flat, holding suction. This creates the vacuum that draws the fluid into the bulb. If bulb does NOT hold suction, report to the office or on-call surgeon.
- 6) Discard the drain fluid into the toilet and flush. Wash hands again.
- 7) Repeat with other drains, if applicable.

How to “Milk” the tubing: (This is to be completed every 2 hours while awake, during the day)

- 1) With one hand, securely pinch the tubing as close to skin as possible.
- 2) With other hand, using a wet washcloth, wet paper towel or alcohol swab, pinch the tubing and slide towards the bulb, pushing the fluid through the tubing into the bulb.

How to care for the skin and drain site:

- 1) Wash hands well with soap and water.
- 2) Remove the gauze dressing from around drain site. (If you have a clear, sticky dressing over your drain site, **DO NOT REMOVE and skip to step 3**). Use soap and water and gently clean the drain site and skin around it. Pat dry. Do this daily.
- 3) When the drain site is clean and dry, apply bacitracin/Vaseline or Aquaphor to site and put clean dressing around drain, using paper tape to secure on skin. Dispose of old dressing and wash hands.

How to support drains:

Use a large safety pin to put through loop on drain bulb and pin to clothes/surgical garment. When showering, use a lanyard or old shoelace to loop through the drain, hanging loosely around your neck for support

When to call the doctor:

- Increased redness and/or pain at the drain site
- Swelling around the drain site or incision
- Purulent, cloudy, yellow, tan or foul-smelling drainage around the drain site or in the drain bulb
- Bleeding
- Temperature of 101.0 or greater
- The bulb is not holding suction or the drain comes out

If you have questions or concerns, please call our office at (937) 886-2980

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