

# **Informed Consent**

Skin treatment (non-ablative)

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## **INSTRUCTIONS**

This document is about informed consent. It will tell you about **skin treatment (non-ablative)**. It will outline its risks, and other treatment options.

It is important that you read this whole document carefully. Please initial each page. Doing so means you have read the page. Signing the consent agreement means that you agree to the surgery that you have talked about with your plastic surgeon.

## **GENERAL INFORMATION**

Non-ablative skin treatments include microblading, micropenning, and microdermabrasion. They treat the surface of the skin, without destroying or damaging it (unlike chemical peels). Microblading is a semi-permanent makeup procedure. It greatly corrects or restores the appearance of an eyebrow. Pigment is placed under the top layer of the skin with a special device. No machines are used. Micropenning (also known as microneedling) uses a special device to treat acne scars, stretch marks, pores of different sizes, melasma, sun spots, and fine and deep lines. It is also used for skin rejuvenation. Microdermabrasion uses a minimally abrasive instrument to remove the thicker, uneven outer layer of your skin. It treats light scarring, discoloration, sun damage, and stretch marks.

# **OTHER TREATMENTS**

Other treatment options include shaping, tinting, waxing, preening, stenciling, using brow extensions or brow hair transplants, and skin exfoliating. These have their own risks and potential issues.

## **RISKS OF NON-ABLATIVE SKIN TREATMENTS**

All procedures have some risk. It is important that you know these risks. You must also understand other issues that might come up during or after this procedure. Every procedure has its limits. Choosing to have a procedure means comparing the risks and benefits. Most patients do not face problems, but you should talk about them with your plastic surgeon. Make sure you know all possible risks of non-ablative skin treatment.

# <u>SPECIFIC RISKS OF SKIN TREATMENT (NON-ABLATIVE)</u>

#### Bruising:

You may see bruising after the procedure. It should not last more than a day or two.

#### Infection:

It is rare, but you may get an infection after the procedure. If you do, you may need more treatment. This could include antibiotics, time in the hospital, or surgery. You need to tell your professional skin technician about any other infection. This could be ingrown toenails, insect bites, tooth problems, or urinary infections. An infection in another part of your body can lead to an infection in the treated area.

### **Erythema (Skin Redness):**

Your skin may turn red near the treated area after injections. It may stay red for a few days after the procedure.

# **Skin Discoloration/Swelling:**

You may see swelling after the treatment. The skin at or near the procedure site can look lighter or darker than the skin around it. It is not common but swelling and skin discoloration can last a long time. In rare cases, it may be permanent.



# **Allergic Reaction:**

In rare cases, patients have allergic reactions to the pigment, topical preparations, or injected agents. Allergic reactions may need more treatment. You should tell your skin technician of any prior allergic reactions.

## **Poor Results:**

You can expect good results. However, there is no guarantee for the results. The body is not symmetrical. Almost everyone sees some level of unevenness. This may not be visible before the treatment. For example, one side of your face may be a little larger. One side could sag more than the other. If you have more realistic ideas about the treatment, the results will look better to you. Some patients do not reach their goals. It is not the fault of the professional skin technician or the treatment. You may not like the results. Unwanted results may NOT improve with more treatment.

## **DISCLAIMER**

Informed consent documents give you information about the procedure you are considering. These documents explain the risks of that procedure. They also discuss other treatment options, including not having surgery. However, informed consent documents can't cover everything. Your plastic surgeon may give you more or different information. This may be based on the facts of your case.

Informed consent documents are not meant to define or serve as the standard of medical care. Standards of medical care are determined based on the facts involved in an individual case. They may change with advances in science and technology. They can also change with the way doctors practice medicine.

It is important that you read the above information carefully and get all your questions answered before signing the consent agreement on the next page.



# CONSENT FOR PROCEDURE OR TREATMENT

1.	I permit Dr	and the doctor's assistants to do the procedure $\mbox{{\bf Non-ablative Skin Treatment.}}$

- 2. I got the information sheet on non-ablative skin treatment.
- 3. I understand that, during the procedure, an unexpected situation may require a different medical procedure than the one listed above. I permit the doctor listed above, the assistants and/or designees to do any treatment that my doctor thinks it is needed or helpful. My permission includes all treatments that my doctor does not plan to do at the start of the non-ablative skin treatment.
- 4. I understand what my surgeon can and cannot do. I understand that no warranties or guarantees have been hinted at or stated outright about the outcome of the procedure. I have explained my goals. I understand which outcomes are realistic and which are not realistic. All my questions have been answered. I understand the procedure's built-in risks. I am aware of other risks and possible issues, benefits, and options. I understand and choose to have the procedure.
- 5. I agree to get the anesthetics that are needed or helpful. I understand that all types of anesthesia have risks and may result in complications, injury, and sometimes death.
- 6. I am aware of the serious risks to my health when blood products are used. I agree to my doctor using them if my doctor, assistants, and/or designees think they are needed or helpful.
- 7. I agree to the disposal of any tissue, medical devices, or body parts taken out during or after the planned procedure or any other operation that is needed or helpful.
- 8. I agree to have the right parts of my body photographed or televised before, during, and after the procedure for medical, scientific, or educational reasons, if the pictures do not reveal my identity.
- 9. For medical education, I agree that onlookers can be in the operating room.
- 10. I permit my Social Security Number to be given to the right agencies for legal reasons and medical device registration, when necessary.
- 11. I agree to the charges for this procedure. I understand that the doctor's charges are separate from the charges for the hospital and the anesthesia. I understand that there may be more charges if more procedures or treatments are needed or helpful. I agree to those charges, if any.
- 12. I understand that not having the procedure is an option and that I can opt-out of having the procedure.
- 13. IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
  - a. THE ABOVE PROCEDURE TO BE PERFORMED
  - b. THERE MAY BE OTHER SURGERIES OR TREATMENT OPTIONS
  - c. THERE ARE RISKS TO THE PROCEDURE

I UNDERSTAND THE EXPLANATION AND HAVE NO MORE QUESTIONS.		
Patient or Person Authorized to Sign for Patient	Date/Time	
Witness	Date/Time	