

<b>GREEN ZONE:</b> Continue current care plan as instructed.	<b>YELLOW ZONE:</b> Call health care provider at your convenience (8am-430pm) 937-886-2980	<b>RED ZONE:</b> Call health care provider asap, day or night. 937-886-2980	<b>911:</b> Call 911, or go to the nearest emergency room now.
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<ul style="list-style-type: none"> <li>-Some pain in surgical area.</li> <li>-Able to maintain activity.</li> <li>-Appetite is good and able to keep food/liquids down.</li> <li>-No chest pain, shortness of breath or calf pain.</li> <li>-Dressing dry with minimal drainage (depending on surgery type).</li> <li>-Shower after 24 hours.</li> <li>-Bruising is normal and expected. The color can vary from blues, purple, green to yellow.</li> <li>-Drainage is red, pink or blood tinged.</li> </ul>	<ul style="list-style-type: none"> <li>-Increase in pain, not controlled by pain medication, after 2 or more doses.</li> <li>-Decrease in appetite with increase in nausea or vomiting for longer than 6 hours.</li> <li>-No bowel movement 3-4 days after surgery. You can start taking 30 mL of Milk of Magnesia or similar to help move bowels.</li> <li>-No urination within 8 hours of surgery.</li> <li>-A temperature over 101.</li> <li>-Increase in drainage or continued large amount two days after surgery and soaking through a maxi-pad.</li> <li>-Changes in amount of drainage- filling JP drain immediately after emptying or within an hour.</li> <li>-Changes in color of drainage- vibrant fresh blood red, green, creamy white, or unpleasant foul odor.</li> <li>-Drain does not have any output within first 24 hours.</li> </ul>	<ul style="list-style-type: none"> <li>-Calf tenderness, warm to touch and painful to walk.</li> <li>-Unable to keep medication, food or liquid down for longer than 8 hours.</li> <li>-One breast suddenly becomes very firm, swollen, warm to touch, or painful.</li> <li>-Sudden large volume of bleeding greater than the first 24 hours after surgery.</li> </ul>	<ul style="list-style-type: none"> <li>-Shortness of breath, chest pain, sudden feeling of doom or apprehension.</li> </ul>
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**\*Pain pump** questions should be addressed with Ambit [1-800-444-2728](tel:1-800-444-2728) or [ambitpump.com](http://ambitpump.com)